



Thank You for booking your place on the Mumaroo Bump to Babywearing Workshop!

Venue: Riverside Children's Centre, Sorrel Rd, Grimsby DN34 9AT

GoogleMaps Link:

[https://www.google.co.uk/maps/place/Riverside+Children's+Centre/@53.5642557,-0.1128392,15z/data=!4m2!3m1!1s0x0:0xb10b2188f2e81530?sa=X&ved=0ahUKewjA4onQrq\\_OAhUMJcAKHaGIBNsQ\\_BllazAK](https://www.google.co.uk/maps/place/Riverside+Children's+Centre/@53.5642557,-0.1128392,15z/data=!4m2!3m1!1s0x0:0xb10b2188f2e81530?sa=X&ved=0ahUKewjA4onQrq_OAhUMJcAKHaGIBNsQ_BllazAK)

Time: 10am

Workshop fee: £20

What to expect from the workshop:

The hour long session will cover the following:

An overview of the benefits to babywearing from birth.

Safety advice, giving you confidence to know you are carrying safely and correctly

The range of slings available to buy and what is suitable for younger babies.

How to use your stretchy wrap to support your bump.

The opportunity to have a go and try both bump wrapping and wrapping a newborn using our demo doll.

All the information you receive will be provided in a workbook and available for you to take away with you. The workbook will also include exclusive offers from local baby related businesses.

You will then take away your stretchy wrap and keep this for three months. There will be a choice of colours black, grey, dark red and navy blue. We cannot reserve or guarantee a colour option. You are very welcome to contact us upon the birth of your baby to go over anything you need to during the workshop.

Some important information

You are welcome to bring someone along with you to the workshop. This may be your spouse, birthing partner, friend or relative. Please do let us know if you do plan to bring someone along though just so we know for numbers. Unfortunately, we are unable to allow older children to the workshop. The room will be using is designed as an adult training room and is not suitable for little ones. As the workshop is designed for the end of pregnancy it is inevitable that sometimes we may encounter babies that couldn't wait to meet us and arrive early! Providing mum and baby are both feeling well enough you are more than welcome to bring your baby along to the workshop with you, please get in touch with us as soon as possible if this is the case. The workshop fee is payable in advance and a paypal invoice will be sent to you upon receiving this email; this must be paid to fully secure your place on the course. We often need to order slings in for the course date so we regret that refunds for the course cannot be made if cancelling your place less than 7 days before the date; however if you have not been able to attend the course we will work with you to ensure you receive advice and your sling as soon as possible. If you have any medical conditions; pregnancy related or not then please do inform us of these before the workshop. This includes any expected medical issues with baby. We can then prepare should you require any specific support. We are fully qualified and insured. If you would like to see a copy of our qualifications or insurance certificates please just ask.